



MEN'S MENTORING RESOURCE GUIDE

This is your resource guide for Men's Mentoring at Northwest Bible Church. The unique aspect of our Mentoring Program is the creation of triads, three different generations of men, coming together to sharpen one another. Mutual discipleship is allowing the Holy Spirit to work in and through everyone when you come together.

The most valuable thing you can do together is to listen, ask questions, and lean on the Holy Spirit for guidance. This is a simple resource to get you started, but you can find more at www.northwestbible.org/mensmentoring.

Before your first meeting:

Who is your point person (the main person to schedule meetings)?

How often will you meet? We recommend twice a month but no less than once a month. We are asking for a one-year commitment.

Are you prepared to tell your story? If not, this guide will help.

Possible Meeting Topics:

If you imagine meeting 24 times, below is a suggestion on how the first 6 meetings should go.

Meeting 1 - Introductions, Get To know Each Other, Logistics, pick a direction

Meeting 2 - Eldest Tells His Story (see Resources) while the other two listen and ask questions.

Meeting 3 - Next Person Tells His Story (see Resources) while the other two listen and ask questions.

Meeting 4 - Last Person Tells His Story (see Resources) while the other two listen and ask questions.

Meeting 5 - Follow up with any questions or outstanding issues from telling your stories. Maybe something came up (a struggle, concern, question) that you want to spend time on. If not, move to the direction you picked and practice the direction.

Meeting 6 - It's time for the DTR (defining the relationship) you may want to have the whole conversation here, or you may want to practice the direction you decided, reserving time at the end for a heart to heart. Either way, it's now time to commit to one another for a year and make sure all your expectations have been affirmed. If someone wants to exit gracefully, that person can contact Dfuguay@northwestbible.org or Rwoodruff@northwestbible.org.

Resources

Tell Your Story Through Life Mapping

What are the major moments, highs and lows of your life from birth until now. Think of it as a timeline, pick natural breaks (decades or life stages) with highs above a set central line and lows below it.

Make sure you cover topics like:

- 1) Family and Friends - What family dynamics were you born into? What new family members were added? Was there family lost along the way? Who were the key friendships at different times in your life?
- 2) Experiences and Events - What major events and new experiences (good and bad) happened along your journey?
- 3) Education and Work History - What jobs have you had? What schools did you attend? How did they mold and shape your view of the world?
- 4) Places and Playing - Did you or do you play sports? Do you have a hobby? Did you move around or did you stay in one place growing up?
- 5) Emotions and Sexual Activity - Looking back over your life, what were the emotional highs and lows? Where and when did you learn about sex and how does that affect you today?
- 6) Role Models - Who are the significant figures in your life?

Summarize what you have learned about yourself for the group:

- 1) Name Themes or Chapters - Looking over what you've answered, how would you describe that period of your life to another person?
- 2) Look for Patterns - Do you see a constant hang up, or something you are continually drawn to?
- 3) Life Lessons - What lessons, ideals or truths have been built into you over time? What do others need to know about you?
- 4) What are your strengths and weaknesses? Can you see their source?
- 5) What are your future goals, dreams, hopes?

Possible Pathways

Pathway #1 - Start with Scripture or a curriculum and reveal your life

This path is coming together around a topic or passage or resource. This is more of a traditional, text based approach. Pick a verse and ask questions like:

What is the context of this verse?

What key words need to be defined?

What does the verse mean? (Observation/Implication)

How do I apply it? (SPECK)

Sin to avoid

Promise from God

Example to follow

Command to obey

Knowledge about God

Does this verse address an issue? Consider the truth that this verse is teaching and write it as a question. Does this verse teach a truth about God or me? What am I going to do about this truth?

Pathway #2 - Start with life and weave Scripture into your experience

This second path is designed to have a set of questions or have a conversation that allows each man to reveal something that is concealed and to sharpen one another in the blind spots.

Our vision frame is an excellent source for accountability. It is based on our mission statement: *Inviting people into the unexpected joy of desperate dependence on Jesus*. Accountability comes in on our measurement questions.

Spend time asking:

- Who are you inviting into conversation about Jesus?
- How are you experiencing unexpected joy from Jesus?
- Where are you desperately dependent on Jesus?
- When have you taken a risk because of Jesus?

If a specific issue arises, you might want to consider answering these questions together:

1. Who is God in our lives? How has Jesus revealed Himself? (ex: a Physician, a Prophet, a Priest, a King, etc...)
2. What has God done in the Bible and in our lives that relates to the situation? (healed, created, renewed, calmed storms, etc...)
3. Who are we in light of God's work? (ex: new creation, adopted, forgiven, etc...)
4. How should we live considering who we are? What do we need to change?

Pathway #3 - Start with activity and weave life and Scripture into it

This is inviting each other into your lives. Have dinner together or have a project day at someone's house. Go golfing or build a table. Serve together. Just do life-on-life and during that time ask questions, bring up topics, be intentional about using your time together to be mentored. This is "mentoring as you go".

Here are some examples:

- 1) Let's assume you are serving a refugee family. Invite the other two men to help with ESL, or apartment set up, or just visiting the refugee in their home. Then after your service, debrief your experience.
- 2) If you are not regularly involved in a service activity consider creating different opportunities for you and your triad to serve together, like serving at Our Calling, or in the children's ministry or even working at Goodwill. The key is processing life with another person.
- 3) Some great resources to help you do this are called "primers." Primers are small group action guides that help you take a risk together. Examples include: Barefoot Church, The Tangible Kingdom, and The Gospel. For more information on these go to www.missiopublishing.com.